

Cover Letter

Introduction

This Cover Letter provides me with an opportunity to demonstrate my ambitions, my goals and my experiences and their relevance to Certificate- in Diversional Therapy and Community Health (Level 4).

I would like to introduce myself as Bipana Jimba, a permanent resident of Nawalpur-11, Hetauda, Makawanpur District, Nepal. I was born on 31/05/1993 and my passport number is 08965112. At the moment I live in Parijathpath-4, Hetauda, Makawanpur District.

Academic Background

As far as my academic history is concerned, I completed my School Leaving Certificate (S.L.C.) in 2010 with 55.88 %. from Shree Tribhuvan Model Higher Secondary School Hetauda-11 Makawanpur District.

From childhood, I had enthusiasm on serving people with good care and affection. I love to engage in taking care of people and give them advice regarding any kind of treatment. With such thoughts of mine, I decided to study course of my interest in Nursing and I joined Himal Institute of Health & Technical Science in Parsa, Birgunj for my Proficiency Certificate Level (PCL) studies in Nursing stream which I completed in 2013 with 76.08% marks.

In the context of going abroad to pursue higher study in Nursing, I took IELTS exam and scored overall 5.5 .I am a student of English medium school and have scored 76.08% aggregate marks in my Proficiency Certificate Level exam in English subject indicating that I will not have any problem to study in English medium and now I am applying for my further study in Kauri Academy, New Zealand.

Work Experience

After the completion of my Proficiency Certificate Level (PCL) in Nursing , I started working as a volunteer in a Surgical and Medical Ward at Hetauda Hospital, Hetauda, Makawanpur District from 16/November/2013 till 31/July/2014.

I am a Registered Nurse (26496) according to Nepal Council Act, 1996.

I did a Basic Hemodialysis Training starting from 01/November/2014 till 07/February/2015 and also a Advance Hemodialysis Training at a National Kidney Centre, Vanasthali, Balaju, Kathamdu, Nepal starting from 04/April/2015 until 17/July/2015. After completion of my training I was appointed as a Hemodialysis Nurse and start working since 17/July/2015 to 29/September/2017 . During working period I learned lots of things related to Health Care and Nursing. During the course of work I realized that I should acquire more academic knowledge and practical skills to develop professionalism in Health Sector. Thus, I left the job and started processing for my higher study for New Zealand in Kauri Academy.

Family Background

I am married woman so I live with my husband home along with family members. There are only six members which includes my Father in law Mr. Bal Bahadur Tamang, who is a social worker and who's in a retired age, my Mother in law Mrs. Chircha Maya Tamang who is a Housewife, my Husband Mr. Manoj Tamang who works as a Restaurant Manager in a Everest Coffee House, my Sister in law Mrs. Anu Thing Tamang who runs her own business as Lama Fashion Wear and my Brother in law Mr. Santosh Tamang who helps to run a business.

I belong from the family having good reputation in our society.

Being the daughter of my parents have given me special attention and are always supportive for my future career development. However, because of socio-cultural rituals of our country I too have to support them during their old age which I take as my duty as well.

Financial status

My Family takes a full financial responsibility for all the expenses incurred throughout my study period in New Zealand.

My father in law is earning annually, NPR 2,40,000.00 from House Rent (Land plot No.6787 in Hetauda-4), while my Husband is earning annually NPR 2,88,000.00 from Salary (Everest Coffee House in Hetauda-4), and my Brother & Sister in law have earning of NPR 27,16,471.65 from (Lama Fashion Wear in Hetauda-4) annually. The total annual income of my Family at present is NPR 32,44,471.65 (US \$ 31,576.36) which is Equivalent to US \$ (US 1\$ = NPR.102.75).

We own a building a Plot No.6787 in Hetauda-4 Sub Metropolitan City Makawanpur District. The Fair Market Value of NPR. 17,932,520.18 (NRP Seventeen million nine hundred thirty two thousand five hundred twenty & 18/100 only) As far as Education Loan concerned, we have got deposited from Sanima Bank from Hetauda-4, Makawanpur. Which is 'A' Class Financial Institution Licensed by Nepal Rastra Bank, with a loan

approved and disbursed Amount of NPR. 36,00,000.00 (NPR Three Million Six hundred Thousand Only) which is Equivalent to NZD 49,861.49 (NZD Forty Nine Thousand Eight Hundred Sixty one and 49/100) in Sanima Bank Hetauda Branch in a Account Name of Mr. Bal Bahadur Tamang and Mrs. Bipana Jimba in a Current Account Number: 0250000075001. My family will be fully responsible for the repayment of loan which we have taken from the Bank. They will repay the loan by the income they have earned. We will not have any difficulties for loan repayment as they have incomes from house rent, salary and business. The total tuition fee of the course is NZ \$19,954, living expenses for the duration of my course is NZ \$22500 and travel cost to New Zealand is NZ \$ 2500. The total cost required for me is NZ \$44,954. I have this required amount deposited in Sanima Bank, Hetauda Branch. Therefore, I can easily afford the required expenses during my stay in New Zealand

Reason for Choosing New Zealand

New Zealand is one of the most beautiful countries in the world. The country is quite peaceful of low population of just over 4.3 million people. It is one of the safest place to live. For being such a small country, the cultural diversity is so greater than other countries. It is surveyed as one of the least corrupted countries in the world.

New Zealand offers a wide range of study opportunities for international students. New Zealand degrees are globally recognized and have a good international reputation and have become the popular destinations because of its generosity and security factor. The cost of tuition fees are also affordable, generally for Undergraduate degrees may range between NZ\$ 18,000 to NZ\$ 25,000 each year. It is a student friendly country.

Some of the factors that attracts international student are carrier prospects, it gives a wide opportunities. Student can get a work permit up to 20 hrs while enrolling in a campus and can get a Post Study Work (PSW) for a 12 months in a country after completion of degree program. The weather or climate is also so pleasant and mild as it have four season (Spring, Summer, Autumn/Fall and Winter) similar to my Country which makes it easier to adapt as compared to other competitive nations.

Reasons for not choosing USA, UK, Canada and including Nepal

When it comes to pursuing higher education in overseas. Many international student prefer to go USA, UK, Canada, Europe but I chose New Zealand for my higher education degrees. Here, are some of the reasons I will like to present.

The United States of America (USA)

USA is one of the popular destinations chosen by millions every year from all over the world. But, we compare some of the factors like admission process, tuition fees and living

expenses. USA is more complex as students are required to do more pre-enrollment test such as TOFEL, GRE and GMAT. The tuition fees and living expenses are much expensive compared to New Zealand. so, this is why I choose New Zealand.

The United Kingdom (UK)

UK is considered one of the popular destination. In UK, for international students they require Nursing and Midwifery Council registration to get enrolled. And some changes and updates in policies for international students occur in any time by UK Border, Agency-UK Immigration. Whereas UK does not provide Post Study Work Visa to international students. so, I chose New Zealand over the UK.

CANADA

The only reason I chose New Zealand over Canada is because of its extreme weather i.e. freezing cold in 1947 it was recorded -81 'F (-63'C) and a heavy Snowfall in some part of the regions, and also international student have to do various tests like GRE to get enrolled.

Nepal

Education providers of Nepal do not offer good Diploma Nursing Course. After Proficiency Certificate Level (PCL) I need to enroll in four years bachelor program either Bachelor in Nursing (B.N.). Due to a limited seat for Bachelor in Nursing and thousand numbers of applicant for the Nursing Programme, it's hard to get admission. Also there are limited courses in Nepal for Nursing students. We do not have option for other courses and specialization. Thus, to become more competent in professional field and to get exposure in the environment of developed country I chose to study in New Zealand rather than in Nepal.

Reason for choosing Auckland

Though Wellington is the Capital city of New Zealand, Auckland is the largest city. It is one of the most popular city in the world rated third most livable in 2017 according to Mercer Quality of Living Survey and one of fastest growing city. The population of Auckland is made of different cultural, religious and rich in diversity with beautiful sandy beaches, museum, art gallery, numerous national parks for entertainment.

Auckland offers quality, world ranked university with internationally renowned academic staff and facilities. The tuition fees and living expenses are so affordable for any international students for education than other cities like London, Sydney, and Melbourne, New York, Singapore.

The city's weather or climate temperate is warm summers (averaging more than 24 degrees) and cooler winters (averaging 16 degrees). The summer months are between

December and March. The prevailing wind is westerly. I choose Auckland because its climate condition is almost similar to that of Nepal but with opposite season because of geo- physical position of these two places. It provides me opportunity to learn different socio-cultural rituals from my classmates and colleagues. Moreover I will have chance to widen my networking as well.

Reason for choosing Kauri Academy

In the context choosing appropriate educational institution to pursue Diversional Therapy and Community Health Level 4 . I visited the web sites of different providers as follows.

- **Universal College of Nursing**
- **Auckland University of Technology**
- **Manukau Institute of Technology**
- **Eastern Institute of Technology**
- **Kauri Academy**

and few more. While going through the websites of these all providers I took consideration about tuition fee, course structure, accessibility, Overall learning environment and other physical facilities.

Based on available information I choose Kauri Academy as an appropriate institution for my intended studies because of affordable tuition fee and supportive learning environment. It is located at Level 6 and 7, 3 city Road Auckland Central 1010.

Kauri Academy was established in 1994, an international school and Private Training Establishment (PTE) registered with the New Zealand Qualification Authority. It has almost 20 years experience. It has proven reputation for training thousands of quality workers in the global service industry. Kauri Academy offers various programs such as:

- **Certificate in Diversional Therapy and Community Health Level 4**
- **Diploma in Disabilities and Social Support Level 5**
- **Certificate in Pharmacy Technician Level 5**
- **Diploma in Health (Advanced Applied Management Level 7**

Most of its program contains placement and work integrated learning to allow putting theory into practice and internship opportunities offer on-the-job training and invaluable experience. Kauri Academy provides a right mix of theory and practical experiences and help broaden their career opportunities.

These subjects are designed in such a way that every subject is relevant for the study and explore the profession ahead with a great ease for the professional behavior and practice. It offers students the opportunity to explore theoretical perspectives of learning, clinical teaching styles, and the development of learning cultures. Moreover Kauri Academy pathway is financial saving and smooth transition from high school study in home country

to the New Zealand University system and it also provides excellent employment opportunities. Kauri Academy offers range of Health courses to provide students with skills needed to enter the Medical sector to progress to a university degree.

Reason for Choosing Certificate in Diversional Therapy and Community Health (Level 4)

I have chosen Certificate in Diversional Therapy and Community Health level 4 as this course is ideal for Nursing Graduates and healthcare professionals who interact with patients. I have completed my Proficiency Certificate Level in Nursing and I found this subject very related to my course. The major subjects that I Studied during my Proficiency Certificate level were: Community Health Nursing, Fundamental of Nursing, Adult Nursing, Nursing of Childcare, Midwifery & Gynecological Nursing, Leadership & Management, Behavior Science and English. Upon the completion of three years of higher secondary education I got good marks in these entire subjects. This motivated me to pursue my further education in this related subject ie Diversional Therapy and Community Health I have made strong foundation to study Diversional Therapy and Community Health subject for my future career. However, I will be studying

- **Semester One- HEALTH AND WELLBEING,**
- **Semester Two- DIVERSIONAL THERAPY,**
- **Semester Three- COMMUNITY HEALTH**
- **Semester Four- CLINICAL on each semester.**

As per my research Kauri Academy is approved by the New Zealand Qualification Authority under Section 249 of the Education Act 1989, and Kauri Academy is accredited to provide it under section 250 of the Act. It's a career that allows you to help save people's lives, bring cheer, and comfort to those in need. The Therapist career is very gratifying and rewarding in terms of the joys it brings. This field has a lot to offer; with mortality levels at an all time low and newer technologies brightening up the medical field, health care careers are booming. If you're a great Therapist or Care Givers, you'll always be in demand and there are many job opportunities from which you can choose. Moreover, as New Zealand qualification is highly recognized in Nepal, it will empower to establish a better career.

With this enthusiasm I prefer to continue my further study in Certificate in Diversional Therapy & Community Health level 4.

Future plan

After the completion of my course I will receive the New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) with strands in Community Facilitation and Community Health Work, Mental Health and Addiction Support and Social Services qualification. Also the Diversional Therapy course is included in the list of skilled occupation which will qualify me for point under the skilled Migrant Category of immigration New Zealand. I believe that Kauri Academy would give me good opportunities in the global workplace and enhances my careers. After completion of my course, I am planning to stay and work in New Zealand for 12 months under my Post Work Visa to gain experience as a Diversional Therapists (which is also known as Recreational Therapists, Activities Coordinator, Activity Officers) or as Aged or Disabled Care Worker and Special Care Workers (Generally known as Nursing Support and Care Workers) and I will return back to my country, Nepal. I believe that I will be capable of exploring my valuable knowledge and practical skills gained during the time period stayed in New Zealand towards the upgrade and growth in the development of Health field and its factor in my own country which is one of the most important sectors to be considered for the development of country. I not only desire to be educated individually but also teach to those people who want to contribute to the society in health career. I also want to think differently about the unique needs of the patients and to apply a higher level of critical thinking which is required to ensure better health of people. I have an ultimate aim of joining various job proficiency fields of health science such as Polyclinics, Hospitals, NGO'S, INGO'S. In these sectors, I would be a better candidate as a Therapist with respect to the position of their level such as Team Leader, Coordinator, Supervisor etc. I will try and improve the health system, bring new reforms in the sector of health researches with new methodologies, knowledge based practices that are still lacking here in Nepal which is prevalent in New Zealand. I will get to know about various methods and services that should be carried out during treatment and care of any patient such that I could be able to provide the better ways or methods of treatment back in my country.

I have been deeply attached to my country and my people. My family have been great motivation and support to me and I wish to stay with them till the end.

Conclusion

Therefore, with a positive hope, I am applying to study Certificate in Diversional Therapy and Community Health (Level 4) in Auckland, New Zealand. I would be grateful if you consider me as a good candidate to study course of my interest in New Zealand. I hope you will kindly grant me an opportunity such that I could be able to make spectacular progress in the field of health science in my country. Thanking You.

Yours' Sincerely,

Bipana

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