## **Statement of Purpose**

To introduce myself, I am Uma Puri, daughter of Mr. Indra Raj Puri & Mrs. Goma Puri, a permanent resident of Kamalamai Municipality-5, Sindhuli, Nepal. I was born on 19th November, 1991. I am a married woman. I got married to Mr. Rohit Aryal on 27th Jan, 2017 according to social customs and He will be accompying me during my study period of Australia. He is extremely supportive and helpful. I feel privileged enough to be writing this statement of purpose. The following information briefly details my purpose during my studies and career plan afterwards.

In reference to my education background, I accomplished my schooling from New English Boarding School, Milanchowk, Sindhuli in the year 2009 scoring 79.88%. After completion of my schooling, I pursued higher secondary education from Kamala Higher Secondary School, Dhungrebas, Sindhuli and passed HSEB (Higher Secondary Examination Board) examination held in the year 2011 obtaining 69.50%. Furthermore, I completed Bachelor of Science in Nursing from Pokhara University, Kaski, Nepal with percentage of 81.86 in the year 2015. The course of B.Sc. Nursing in Pokhara University provided me a great deal of opportunity in upgrading knowledge regarding different areas of nursing practices including clinical as well as community practices. Similarly, I indulged myself in different seminars, presentations, and workshop as well as in different social works related to health services. In the final year, I acted as a student-teacher for the students of B.Sc. Nursing 2<sup>nd</sup> year of Pokhara University with Community Health Nursing as a designated subject. Moreover, I completed my bachelor's final year Research thesis on "Knowledge on Client's Rights among Nurses". After the completion of bachelor's degree, I accomplished Nursing Licensure Examination conducted by Nepal Nursing Council on 27th February, 2016 and became Registered Nurse of Nepal. Meanwhile, I approached my first step into my career path as a Nursing teacher and Instructor in 'Om Samaj Shaikshik Pratisthan', an institute of diploma courses in Nursing and General Medicine from 28th February, 2016 to 23<sup>rd</sup> May, 2017. I also worked as a Registered Nurse in Shiva Jyoti Hospital, Kathmandu on part time basis from 20th March, 2016 to 10th May, 2017.

Despite of the job being going well, I find myself incomplete in specialization course that I need to upgrade for my career development. To be competent on the academic vortex, I feel more concerned about the health of the public that would be possible only after the completion of master degree. Thus, I thought of upgrading myself by pursuing Graduate Diploma in nursing. Hence, I started piling up the information regarding Graduate studies. I did my IELTS test on 4th March 2017 & scored 6.5 (Listening 7.5, Reading 6, Writing 6, Speaking 6.5)

Acquiring knowledge for me has always been a continuous process and I have continued to enhance my knowledge base in every steps. I did bachelor degree in medical course and since Graduate Diploma in nursing is a medical course too, so I want to integrate the knowledge of nursing. I often wonder when people talk of healthcare disparities, if they can ever truly grasp what it means, what crushing poverty entails, and even what a developing nation looks like. I was born and raised in the hilly region of Nepal, a place where most people are suffering from one disease or another, conditions that are either unknown or are highly preventable. I never wondered who would help, or raise awareness; I was that someone. To my mind, Graduate Diploma in nursing is the most important aspect of medicine. It can help, prevent and bring solutions to health issues like no other field. Compounding the problems are elevated illiteracy rates, and a general lack of preventative medicine and education results in rampant preventable diseases. The health system needs serious reform and the right management. Policy makers indeed have failed to think long term and properly. Many people are suffering from negligence in all spheres of their existence as humans, especially in the health sector. The outside world thinks on the ongoing plague of HIV/AIDS, but this is only one part of our massive set of issues. Currently, in Nepal, more than half of populations are suffering from many communicable and non-communicable diseases and the trend continues. This is a result of poor policy and short sightedness. I am adamant that change must come. My studies in public health will go a very long way to helping me grasp the proper concepts and tools needed to work with the government to bring sustainable solutions to problems residing in the remote areas of Nepal. I have done nursing course in medicine but that has not undermined my love for public health. Diseases like

malaria, microfilaria infection, diarrhea and other preventable diseases affect many people in my country. Through my active volunteerism in some of the events like, distributing mosquito nets, anti-filariasismedicine and Oral Rehydration Solutions, I have seen tangible success even from these humble efforts. Change can come, and it needs not be with an astronomical "price tag".

Public health issues touch almost every family in my homeland, and sadly, my family is not an exception. I am from a remote area of Nepal, so I personally have encountered the people dying from HIV/AIDS, diarrhea, tuberculosis and other epidemic diseases. I know that if the health sector was better funded, better equipped and better managed with clear and effective policies, these kinds of sufferings could have been avoided. Due to my passion for public health, I strongly believe that I can contribute not only to a single patient in hospital, but also to the people all over the world. I have seen, firsthand people dying from typhoid or measles, and it sickens me. Through proper interventions, planning and implementation of effective policies, I anticipate being able to bring about much- needed change through my work with an NGO or non- profit affiliated with the UN directly through Nepal Ministry of Health. My passion, academic ability, cultural competency, word travels and multilingual abilities practiced in Nepal will contribute to the student body and graduate Public Health program. I hope and look forward to my application for admission.

In today's date, Australia has become the dream destination for international students with the help of its academic excellence over the years. The young and energetic Australian society welcomes international students supporting for cultural diversity, friendly natives and high quality education. Given the importance of globalization in technology, an education that doesn't fully addresses the international and multicultural realities of modern world is incomplete. I have therefore decided to pursue my degree overseas, as the expertise and facilities provided in my country's educational institutions are limited and thus unable to match the diversity and multiculturalism available in the Australia. Due to worldwide recognition of Australian degree, Career oriented education system, flexibility in the course using advance

technologies; I have always been interested to study in this place. And also in terms of real practical skill development, Australian education is very powerful and gratifying while Australian degree is highly reputed across the globe. Considering Australian degree, Australian Qualifications Framework (AQF) allows student to easily move through education system and assist in recognizing Australian degree all around the world maintaining high standards of education. Most appealing aspect of the Australian education system is that it provides the quality assurance to ensure that international students receive high quality education under various majors, for instance. Australia is fast growing economy with the good and safe environment to live, study and work. The good education system and future possibilities options have made me to choose Australia over other countries. Australian Government has a law to protect the rights of international students in Australia called Education Service for Overseas Students (ESOS) act 2000, only provided in Australia which safeguards the student's right and makes the peaceful environment for international students. Also, Tuition Protection System (TPS) sets the framework governing the delivery of education to the overseas student. Whereas, Australian Skills Quality Authority (ASQA) a national regulator for Australian vocational training and education ensures nationally approved quality standards Met and Tertiary Education Quality and Standard Agency (TEQSA) assures the quality of higher education sector. Taking these things into consideration, I personally concluded that Australian degree is the best for me compared to international degree provided by other countries.

I visited various consultancies and got through websites, and found Institute of Health and Management (IHM) of better choice. The Institute of Health and Management (IHM) was founded in February 2012 as Institute of Health and Management Pty. Ltd. The institute has since gained the status of Higher Education Provider, which was conferred by the Australian government's Tertiary Education Quality and Standards Agency. IHM Specializes in the development and provision of quality postgraduate higher education courses for nurses, drawing on the expertise of experienced nursing academics and clinicians combined with professional staff with specialist expertise in online

teaching and learning. The Vision of IHM is to become a global provider of healthcare education and research. Technological advancement in learning is a key focus for IHM, with new technologies, online platforms and applications being used both to enhance classroom based learning on campus and to deliver online courses to meet the needs of busy nursing professionals. IHM is located in Level 7, 33 Argyle Street, Parramatta, NSW, 2150. Sydney, capital of New South Wales and one of Australia's largest cities, is best known for its harbourfront Sydney Opera House, with a distinctive sail-like design. Massive Darling Harbour and the smaller Circular Quay port are hubs of waterside life, with the arched Harbour Bridge and esteemed Royal Botanic Garden nearby. Sydney Tower's outdoor platform, the Skywalk, offers 360-degree views of the city and suburbs. Sydney, as one of the biggest student cities in Australia, has a large number of students from India and elsewhere in Asia, making for a multicultural student mix.

Graduate Diploma in Nursing is 1 Year Full Time course. Advanced nursing practice is directed towards a high degree of expertise as a nurse with greater levels of responsibility and leadership in provision of responsive nursing care for individuals and families in general and specialized care. It includes increased understanding of the value of research and evidence-based practice. Further, the course is guided by the belief that postgraduate education builds upon undergraduate education and previous clinical experience. Therefore the course provides an environment conducive to critical inquiry, testing of ideas and generation and expansion of knowledge. This includes the development of leadership capability and increased awareness of research skills. Students who have already completed a Graduate Certificate in Nursing may be eligible for advanced standing, subject to credit transfer and recognition of prior learning procedures.

After the completion of Graduate Diploma in Nursing and all the necessary trainings and required internship in Australia I would love to come back to my own country Nepal, hopefully get to work at a prestigious hospital or in an organization for the few initial years. The experiences and learning the real working environment is a must if you intend to collaborate with other

organization to help and to reach with public to get their public opinion listen their problems and search for solutions. With the ideal amount of knowledge, experience and getting to know the feel of caring and helping environment in Nepal will surely make me able to reach in remote areas' public. A well-recognized university degree is the most important to convince the organization and government to invest in health sector for primitive and preventive care for the people in the nation and for research study. I have intentions of not just making my life prosperous but for people from the community as well. I believe my decision of applying to the university will help formulate the dream I have dreamt.

I am grateful to my parents who have influenced in carving my personality and they inspire me a lot. Family support and motivation from my parents plays an important role in every steps of life and my parents are happily willing to sponsor for my study in Australia.

I am aware and committed to accomplish the visa conditions of the visa sub class 500 Higher Education Sector, such as:

- I must maintain 80% attendance,
- I must score minimum 50% marks in each term,
- I cannot work more than 40 hours per fortnight while the course are in the session,
- I must have and maintain the overseas student health cover (OSHC) for myself and for my spouse until we live in Australia,
- I cannot change the institution within 6 months of the enrolment,
- I must notify to the university and DIBP within 7 days if I change my contacts and residential address.
- I must study with full dedication and sincerity in stipulated time with full load

My academic and other information has equipped me as a genuine student for studying in Australia in my esteem course. I am well prepared in financial cases too. My family is sponsoring my education in Australia. So, funding will be easier for me. As per the fulfillment of terms and conditions, I have enclosed all my original documents to the best of my knowledge for your reference. I therefore declare that I am seeking a temporary stay in Australia for gaining better education until the completion of intended higher studies further.

Sincerely,

Uma Puri

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